# Therapeutic Massage

30 minutes \$45 60 minutes \$85 90 minutes \$115 Massage Add On Services \$20 Moist Heat Pack Yon-Ka® Paris Herbal Foot Soak

<u>Classic Relaxation</u> This massage employs connected gliding strokes to help relieve tension and soothe aching muscles—a full-body experience with a little extra attention to tension areas.

**Deep Tissue** A more intense experience, this massage focuses on problem areas with slow deep pressure to work specific muscle groups. This massage is used to help eliminate scar tissue or relieve chronic tension. Massage may include heat or ice if needed.

**Sports** Whether you're a competitive athlete or weekend warrior, recover faster from workouts and soothe distressed muscles with this restorative session. Focus on an area of injury or simply work to increase range of motion and flexibility.

Pregnancy Unwind with a relaxing therapeutic session focused on minimizing stress for mommy-to-be. Special pillows and bolstering create a comfortable and safe space, allowing mom to feel supported and calm. Only non-toxic, paraben-free products are used by our certified therapists. {60 or 90 minutes}

<u>Craniosacral Therapy</u> A gentle hands-on technique that provides the opportunity for the body to unwind and heal itself. This therapy enhances the function of the central nervous system and encourages the body to release restrictive patterns and return to an easier mode of functioning. Sessions are performed fully clothed while lying on a massage table.

### Traditional Hawaiian Lomi Lomi Massage

Lomi Lomi is Hawaiian for rub rub. This style of massage incorporates ritualistic Hawaiian culture with the connection between heart, hand, and soul with the source of life. The massage utilizes large, broad movements; via two-handed, forearm, and elbow application of strokes. The free flowing strokes improve circulation and immune response, increased range of motion and flexibility, improved posture, faster healing, slower heart rate and lower blood pressure.

# **Spa Body Treatments**

# Immune Boosting Aromatherapy & Therapeutic Massage or Facial \$125

The Raindrop Technique is a method of using Vita Flex, reflexology, massage techniques, and essential oils applied on various locations of the body. It is designed to bring balance to the body with its relaxing and mild application. 75 min. {25 Raindrop & 50 Trmt}

### Cupping Massage \$90

Cupping is an ancient tool combined with the contemporary world of massage therapy. Cupping is a negative pressure therapy that utilizes glass, rubber or plastic cups that create a suction/vacuum pressure. This pressure assists to soften muscle tissue, loosen adhesions and lift connective tissue, thus allowing blood flow to body tissues which move deep inflammation to the skin surface for release which appear as suction marks on the skin. {60 Minutes}

### Hot Stone Massage \$115

The heat from smooth warmed basalt stones infuses your tissues and allows you to melt into the long, healing strokes. This peaceful massage will leave you feeling deeply relaxed and reenergized. {75 minutes}

# Aromatherapy Salt Glow Exfoliation \$80

Hydro-active mineral sea salts slough off dead skin and rejuvenates skin's natural radiance. Experience a customized salt scrub with hydrating essentials oils (stress relief or energizing), shower off, and finish with an application of hydating moisturizer. Safe for all skin types, this treatment will leave skin feeling vibrant and refreshed. {50-60 minutes}

#### Back Treatment \$65

Rejuvenate this overlooked area of your body. Treatment includes a deep cleansing, exfoliation, extractions, custom treatment masque & finishing cream. {45 min.}

# Facial & Body Waxing

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brow shaping \$22	lower leg & knee \$45
upperlip \$14	full leg \$65
chin \$17	bikini \$35
brow, upperlip, chin \$48	extended bikini \$45
jawline \$17	brazilian bikini \$65
cheek \$20	under arm \$22
men's back \$45	forearm \$30
men's chest \$35	full arm \$40
men's stomach \$30	
men's neck \$15	

# Spa Hours

Monday to Friday	11am ~ 7pm
Saturday	$9am \sim 7pm$
Sunday	9am ∼ 5pm

# **Booking Appointments/Gift Certificates**

Call 206.216-9800 or online through our website at: www.classiquespa.com



Scan this code with your smart phone to visit our mobile website!

# To ensure a pleasurable visit....

Please allow at least a 24 hour notice to reschedule or cancel an appointment.

All children under the age of 18 must be under the supervision of an adult.

Prices are subject to change without notice.







1901 - 10th Avenue West Seattle, WA 98119 206.216.9800

### Yon-Ka® Paris Skincare Treatments

#### Yon-Ka® Plasir Des Sens Facial \$130

{aromatic treatment, radiance & well-being}

Yon-Ka®'s star jewel facial is a delicious aromatic treatment that is a unique moment of complete relaxation and escape. Awaken your senses and experience inner harmony with Chakra balancing, a light back massage and warm stone treatment. It is also the most surprising beauty secret to wash away fatigue from your features and recover radiant skin. This treatment is all about subtle harmony: energizing scents of the essential oils of rosemary, lavender and thyme, hydrating and oxygenating power of citrus, relaxing and balancing massage. {90 minutes}

#### Yon-Ka® Vital-Elatine Facial \$125

{smoothing anti-wrinkle treatment, restructing} he expert anti-age treatment. Specific anti-wrinkle technical actions. Action targeting wrinkles, a radiant complexion, hydration and nutrition. Efficiency enhanced by the complementary agents of the new professional mask compress. {75 minutes}

# Yon-Ka® Alpha Vital Botanical Smoothing

Facial \$125 {resurfacing fruit acid treatment}

Dull, tired skin? Highly technical, this anti-aging treatment brings out the skin's natural glow, restoring smoothness and youth as early as the 1st treatment. A series of 4 sessions helps to visibly diminish the signs of time. Under the rejuvenating, intensely hydrating action of controlled fruit acids, the epidermis is gently regenerated, cellular renewal is intensified, the complexion is cleared, wrinkles and fine lines vanish. {75 minutes}

# Yon-Ka® Le Grand Classique European Facial

\$115 {deep cleansing treatment, healing and relaxing} One of the most elaborate, complete facials. Leaves you with clean, perfectly balanced skin and a radiant complexion. Customized and recommended at any age, it centers on Yon-Ka's exclusive deep cleansing regimen: in 5 successive steps carried out with the utmost care in the oxygenating atmosphere of the 5 Quintessence\* essential oils, the pure glow of the epidermis is revealed, one step at a time. {75 minutes}

Yon-Ka® Éclat Contour \$30 {add-on eye treatment} Plant active ingredients and specific techniques combine to smooth away wrinkles and fine lines, tone eyelids and improve signs of fatigue.

### Yon-Ka® Hydralessence Facial \$105

{intense hydration treatment}

Tightness, stinging... is your skin becoming rough and dull or being marked by fine lines? This is a cry for help: your skin is drying out. This high-performance treatment will quickly help to restore its balance, suppleness, and softness. What's the secret? The powerfully softening action of seaweed and fruit extracts; the use of 2 refreshing masks, one including a massage with a fine aromatic mist; and the application of a repairing, hydration-reactivating duo using Yon-Ka® techniques. {60 minutes}

#### Yon-Ka® Escale Beaute Basic Facial \$95

{deep pore cleansing, balancing}

Customized and recommended at any age, a beauty break to provide your skin with vitamins and quickly find your glow in an ever-changing journey thru scents of citrus or Mediterranean garrigue. {60 minutes}

### Yon-Ka® Problem Skin Purifying Facial \$95

{treatment of skin affected by acne}

The expert purifying and balancing treatment of skin suffering from acne, whatever your age. Contributes to regulating sebum secretions, purify and clarify the complexion. Cleanses and promotes the process of regeneration. Soothes, softens, balances the cutaneous pH. {60 minutes}

#### Yon-Ka® Redness Control Facial \$95

{calming treatment for sensitive skin}

Expert treatment targeting diffuse redness. The combination of professional treatment together with precisely dosed plant extracts allows the needs of irritable skins to be met, whether they are dry or oily. {60 minutes}

# **Clinical Exfoliant Treatments**

#### Microdermabrasion Facial \$125

This unique mechanical peeling method utilizes a vacuum action that systematically propels inert corundum "sand like substance" on to the skin's surface, progressively abrading the skin surface and giving way to a refreshed and healthy smooth appearance. Most successfully addresses skin conditions such as acne-prone, fine lines, uneven texture & mild scarring. {60 minutes includes steam, discrustation & extractions}

**Series of 3 or 6 ~ \$95 per treatment** {45 minutes excludes steam, discrustation and extractions}

### **Clinical Rejuvenation Treatments**

### Skinceuticals Antioxidant Firming Facial \$105

This Skincueticals clinical treatment incorporates exfoliation with dual antioxidant masques. The highly concentrated B5 masque infuses dehydrated and stressed skin with optimal amounts of hyaluronic acid and vitamin B5 to replenish depleted moisture levels. The vitamin C and amino acids masque exfoliates skin and protects cells from free-radical damage while tightening, detoxifying, and restoring a firming, youthful, radiant complexion. {60 minutes}

#### Epicuren Firming Rejuvenating Facial \$130

The Epicuren Signature Facial integrates a unique rejuvenation system that is designed to promote skin health by detoxifying, improving elasticity and texture. This facial begins with an enzyme action cleansing and scrub; followed by a hot peel enzyme exfoliate and special herbal double layered firming masque. This result oriented facial utilizes a protein enzyme that stimulates cell metabolism to dramatically improve the skin's appearance. {75 minutes}

### Bio-Toning Firming Facial {microcurrent} \$125

This scientifically proven technology facial reverts the visible signs of aging and brings back vitality to your skin. Using a customized level of micro-current the treatment that your esthetician applies through electrodes to the face and neck improves your elasticity, balance to your skin, increases cell metabolism and firming; restores youthful functions of facial muscles and surrounding tissue thus improving the appearance of fine lines and facial folds. You will leave with an even complexion and radiating glow. {75 minutes includes steam, discrustation and extractions}

Series of 6 or 12 ~ \$105 per treatment {60 minutes excludes steam, discrustation and extractions}

ADD-ON Bio-Toning Skin Firming to any facial \$25 Add this 10 minute mini skin therapy procedure to any facial to increase the elasticity and firming of the skin.

### Skinceuticals Gel Peel Facial \$110

An application of fruit acids is used to exfoliate the skin's surface and promote new cell growth. Best results when done in a series and using homecare. For mature and photodamaged skin a unique formula of Glycolic/Lactic acids is used and for acne-prone and sensitive skin a unique formula of Salicylic/Mandelic acid are used. {45-50 minutes includes steam, discrustation and extractions}

Series of 2, 4 or 6 ~ \$80 per treatment {30 minutes excludes steam, discrustation and extractions}

### **Dermalogica Skincare Treatments**

# Signature European Facial \$100

Easily customized for any skin type, this signature facial begins with an essential oil infused foot soak and foot massage. Once in the comfortable facial bed, a warm towel compress and aromatic inhalation will start your journey. Continue on with a double cleansing, soothing protection spray, personalized exfoliation, softening steam and gentle extractions. Enjoy a blissful therapeutic aromatherapy massage of the face and décolleté, a customized facial masque and hydrating hand-arm massage. This facial finishes with a nourishing moisturizer, lip balm and eye cream application. {75 miutes}

### Deep Pore Basic Cleansing Facial \$80

This facial is an extensive resurfacing pore cleansing treatment without the risk of irritation. It begins with a gentle surface cleansing followed by exfoliation treatment that thoroughly removes dulling surface debris and steam leaving the skin prepared for extractions. Once congestion is removed, anti-inflammatory and antibacterial products are applied to the skin in preparation for a calming clay masque. This is the perfect treatment to makeover your skin and jump start a new skincare routine. {60 minutes}

#### Sensitive Skin Facial \$80

A gentle and soothing facial is perfect if you have Rosacea, sensitive skin or reactive skin. An ultra calming cleansing is followed by a warm soothing misting, a gentle exfoliation, light extractions (if needed), bio-toning rejuvenation treatment, sensitive skin masque, and finishing cream. Leave with your skin feeling restored and rebalanced. {60 minutes}

# Acne Clearing Facial \$80

An intensive deep pore cleansing treatment that soothes and re-balances problematic skin. This facial includes a medicated cleansing, gentle exfoliation, extraction of impurities, clarifying clay masque, treatment cream, and a high frequency application to promote healing. {60 minutes}

# Lash & Brow Tinting

Lash Tint \$25 ~ Brow Tint \$20